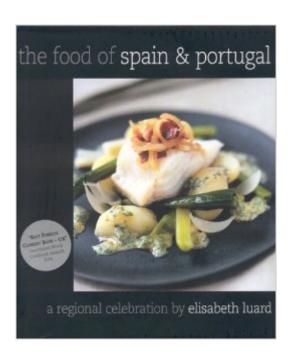
## The book was found

# The Food Of Spain And Portugal: A Regional Celebration





## Synopsis

In 175 recipes, organized region by region, Elisabeth Luard travels from the Basque country to the southernmost tip of the Algarve coast, revealing the unique flavors of both territories.

### **Book Information**

Hardcover: 224 pages

Publisher: Kyle Books (March 14, 2005)

Language: English

ISBN-10: 1904920101

ISBN-13: 978-1904920106

Product Dimensions: 9.2 x 0.8 x 10.3 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 3.5 out of 5 stars Â See all reviews (2 customer reviews)

Best Sellers Rank: #3,662,055 in Books (See Top 100 in Books) #86 in Books > Cookbooks,

Food & Wine > Regional & International > European > Portuguese #496 in Books > Cookbooks,

Food & Wine > Regional & International > European > Spanish

#### **Customer Reviews**

`the food of spain & portugal' by Elisabeth Luard is subtitled `a regional celebration' which is actually more appropriate than calling it a 'cookbook' or a 'book of recipes'. This does not mean it contains no recipes. It contains guite a few, which are generally very good, but the primary objective of the book is to decorate a tabletop with a survey of the foods of the various regions of the Iberian Peninsula. For American culinary book buyers, one may be hard pressed to justify the purchase of this book as we already have two major and four minor excellent books on the food and wine of Spain from Penelope Casas. One of these, 'Delicioso!' covers Spanish dishes by region, and her first book, 'The Food and Wines of Spain' covers the Spanish wine scene about as well as you can possibly want. Ms. Luard spends no time on wines except an occasional mention, especially of port and sherry. For Portugal, there is the award winning volume, 'The Food of Portugal' from leading cookbook author, Jean Anderson. Ms. Anderson makes the point in her book that there are major differences between the culinary practices of Portugal and Spain. So why do a book covering the two culinary traditions simply because they happen to be neighbors on the same peninsula. This is like doing a small book on the cuisines of (Jewish) Israel and (Christian) Lebanon because they are neighbors on the Levant, disregarding the fact that their cuisines are by necessity different due to religious background. There are several things which are good about this book, contributing to its

winning a `Best Foreign Cookery Book -UK' award from Gourmand World. The first is that in spite of its oversized pages and excellent photography and illustrations, the book lists at \$29.95.

#### Download to continue reading...

Michelin Guide Espagne & Portugal (Michelin Red Guide Espana/Portugal (Spain/Portugal): Hotels) (Multilingual Edition) The Food of Spain and Portugal: A Regional Celebration The Unofficial Recipe Book of PIGS: Exquisitely Delightful Recipes from Portugal, Italy, Greece, Spain (portuguese recipes, paella and other spanish rice ... greek food cookbook, italian cookbook) Culinaria Spain: A Celebration of Food and Tradition Spanish Table, The: Traditional Recipes and Wine Pairings from Spain and Portugal The Dispatches of Field Marshall the Duke of Wellington, K.G. During His Various Campaigns in India, Denmark, Portugal, Spain, the Low Countries, and France ... From Official and Authentic Documents Rick Steves' Spain and Portugal Map: Including Barcelona, Madrid and Lisbon Standard Catalog of World Coins Spain, Portugal and the New World Savoring Spain & Portugal: Recipes and Reflections on Iberian Cooking (Williams-Sonoma: The Savoring Series) Savoring Spain & Portugal: Recipes and Reflections on Iberian Cooking (The Savoring Series) The Cooking of Spain and Portugal Williams-Sonoma Savoring Spain & Portugal Barcelona Travel Guide: Barcelona, Spain: Travel Guide Book-A Comprehensive 5-Day Travel Guide to Barcelona, Spain & Unforgettable Spanish Travel (Best Travel Guides to Europe Series Book 10) The Cuisines of Spain: Exploring Regional Home Cooking 100 Exotic Food Recipes (Puerto Rican Food Recipes, Picnic Food Recipes Caribbean Food Recipes, Food Processor Recipes, ) Textbook of Regional Anesthesia and Acute Pain Management (Hadzic, Textbook of Regional Anesthesia and Acute Pain Management) Hadzic's Peripheral Nerve Blocks and Anatomy for Ultrasound-Guided Regional Anesthesia (New York School of Regional Anesthesia) Growing the Southwest Garden: Regional Ornamental Gardening (Regional Ornamental Gardening Series) Growing the Northeast Garden: Regional Ornamental Gardening (Regional Ornamental Gardening Series) Growing the Midwest Garden: Regional Ornamental Gardening (Regional Ornamental Gardening Series)

<u>Dmca</u>